



**Chris Dellinger, MBA, BSN, RN, FAEN
Nurses Association**

2024 President Emergency

Chris Dellinger has spent nearly her entire career in emergency nursing as a staff nurse, charge nurse, coordinator, trauma services manager and state trauma surveyor. She is currently the director of Emergency, Trauma, and ICU services.

Chris has served in various roles within ENA at the local, state, and national levels, including many years as the West Virginia ENA State Council president and the state's pediatric chairperson. Dellinger has served as an instructor and faculty for TNCC and ENPC, ENA's premier courses. She has been part of ENA's Course Administrative Faculty Committee, the Conference Education Planning Committee and previously served on the ENA Board of Directors in 2018. Dellinger was instrumental in partnering with her state ACEP physician group to hold an annual summit. She is the appointed registered nurse to the State Medical Review Committee.

She was named St. Joseph Hospital Employee of the Year in 2006; received the 2012 Nursing Excellence Award in Leadership from the West Virginia Center for Nursing; was chosen as the 2016 Leader of the Year at WVU Medicine Camden Clark Medical Center; and is a Fellow in the Academy of Emergency Nursing.

Chris earned her bachelor's degree in nursing from West Virginia University at Parkersburg in 2008 and later went on to complete her MBA with an emphasis in Health Care Administration from Salem University in 2017.

With her willingness to make critical decisions, Dellinger continues to be dedicated to ENA's mission and commitment to care by promoting the tools to make the clinical practice safer, while protecting the emergency nurse, their patients, and their families.

Term as President: January 2024-December 2024

Term as President-Elect: January 2023-December 2023

Term as Secretary/Treasurer: January 2022-December 2022

Term as Director: January 2020-December 2021

Term as Director: January 2018-December 2018

Title: Ikigai Guy – Leadership Purpose

Learning Objectives

1. The learner will understand the purpose steps to use the process of Ikigai Guy
2. Living purpose, how to be in alignment with oneself
3. The learner will be able to explore what is most meaningful from their passions and talents.

References:

Garcia Hector & Miralles Francesc (2016) Ikigai – The Japanese Secret to a Long and Happy Life

Positive Psychology.com, toolkit by Houston, Elaine.